**What’s New in the Consortium?**

**By Robin Lewis, Ph.D., DCT**

As the spring flowers bloom, and the summer humidity is right around the corner, we just finished the Program’s spring rituals. In April, we admitted our new class of six students. Then, on May 5, we had our end of the year celebration at which we honored the graduates of August and December 2016, and May 2017 (see graduation news, p. 5). We also celebrated our current students heading off on internship (see Internship news, p. 2). We also announced our annual student awards:

- David Leigh Pancoast Outstanding Dissertation Award – Erin Doty Kurtz (chair, Michelle Kelley).
- Eileen O’Neill Student Service Award – B. Yilmaz
- Candace Shorter Distinguished Student Award – Laurin Roberts

We gave out the O’Neill and Shorter awards for the first time this year. We are so grateful to those who made donations to the Program to help us fund these awards (see p. 5). We are dependent on donations to be able to fund these awards annually. Please consider donating, no matter how small an amount, so that we can sustain these awards.

As of January 1, we implemented a curriculum revision so that we are in compliance with APA’s new Standards of Accreditation. Then in March, our practicum supervisors, to whom we owe so much, joined us for a wonderful workshop at which Dr. Warrenetta Mann gave us much to think about in her workshop entitled, “Cultural Competence and the Ethics of Working with Underserved and Minority Populations.”

As always, we want to keep in touch with our alumni – please send a note and let us know how you are doing and how we can stay in touch via email. Feel free to email our graduate assistants who route incoming program email at vcpcpga@gmail.com or me at rlewis@odu.edu.

With best wishes,

Robin

Robin Lewis
Director of Clinical Training

New Faculty Spotlight
Internship/ Post-Doc Matches
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Thank You and Donors
New Faculty Spotlight

The Consortium would like to welcome Dr. Robert Cramer, faculty member at Old Dominion University. Below are highlights regarding his academic career and research interests. We look forward to his contributions in the years to come!

Robert Cramer, Ph.D.

Dr. Cramer is an Associate Professor of Community Health at Old Dominion University. Before joining ODU in 2016, he served as faculty for research staff at the University of Alabama Department of Criminal Justice, Sam Houston State University Department of Psychology, and University of California San Francisco Department of Psychiatry (APA accredited clinical internship). His professional background includes a Ph.D. in clinical psychology, with psychology-law and statistics concentrations. As a broadly trained social scientist, Dr. Cramer’s research, teaching, and consulting applies psychological theory to social, legal and clinical-health issues. His areas of expertise include suicide prevention, hate crimes & interpersonal violence, prejudice, LGBTQ health, and legal policy.

Internship/ Post-Doc Matches

Congratulations to Jacqueline Haywood on accepting a 2017-2018 Psychology Postdoctoral Fellowship in Clinical Psychology with an emphasis in Substance Use Disorders at the North Florida South Georgia Veterans Health System. She plans to begin late August 2017.

We would also like to congratulate:

Tina Bain on her recent internship match at the Hampton Veterans Affairs (VA) Medical Center in Hampton, Virginia.

Jessica Block on her recent internship match at the Miami-Dade County Community Action & Human Services in Miami, Florida.

Denise Calhoun on her recent internship match at the Veterans Affairs (VA) Illiana Health Care System in Danville, Illinois.

Will McBride on his recent internship match at the Vanderbilt University/Veterans Affairs (VA) Tennessee Valley Health Care System Internship Consortium in Nashville, Tennessee.

Kris Park on his recent internship match at the Aurora Community Mental Health Center in Aurora, Colorado.

Laurin Roberts on her recent internship match at the North Florida/South Georgia Veterans Affairs (VA) Health System in Gainesville, Florida.

We wish you all the best of luck on this next stage of their journey!
Faculty & Student News

**Tina Bain** and her husband are proud parents of a new baby girl, Collins Bain, born on November 15th, 2016!

**Dr. Paul Harrell** was featured in a story on WAVY-TV 10 (local news station) aired 2/21/2017: [http://wavy.com/2017/02/21/doctors-worry-about-teens-dripping/](http://wavy.com/2017/02/21/doctors-worry-about-teens-dripping/) Check it out!

**Dr. Kristen Heron** and her husband are proud parents of a new baby boy, Samuel Heron Greenfield, born 3/10/17!

![Tina Bain's Daughter, Miss Collins Bain was born on November 15th, 2016!](Image)

![Dr. Heron's Son, Mr. Samuel Heron Greenfield was born on March 10th, 2017! This picture was taken by Kirsten Judah Photography](Image)

**Kris Park** hosted a Happy Hour Potluck for students and faculty on April, 21, 2017!

![Pictured Above: Students and faculty gathered on 4/21/17 for a Happy Hour Potluck](Image)

![Pictured above fourth year students from left to right: Tiren Parker, Jessica Block, Denise Calhoun, Kris Park, Stefan Latulip, & Will McBride!](Image)
Alumni News

Nicki Favero (Class of ’02) was recently granted tenure and promoted to Associate Professor and Chair of the Psychology Department at Lynchburg College!

Kathy Nguyen Li’s (Class of ’10) daughter Emma was born this past August!

Katharine Seagly (Class of ’15) passed the EPPP last summer and became licensed in Michigan. This summer she will be finishing her two year APPCN post-doctoral fellowship in clinical neuropsychology at the Rehabilitation Institute of Michigan/Wayne State University. Following the completion of her fellowship, Dr. Seagly, her husband, and son, will relocate to Ann Arbor as she has accepted a professor-track faculty position at the University of Michigan School of Medicine, Department of Physical Medicine and Rehabilitation (go Wolverines!). The position will allow her to conduct neuropsychological evaluations and rehabilitation-based interventions with both inpatients and outpatients, while continuing her research on traumatic brain injury (TBI) and other rehabilitation-related topics. She will also be training and teaching post-doctoral neuropsychology fellows and medical residents. Her current research interests are primarily in the areas of cognitive, physical, and emotional outcomes following TBI within the TBI Model Systems, and her interest in brain stimulation techniques also remains strong.

Dr. Seagly has presented her research recently at annual meetings for the American Academy of Clinical Neuropsychology, the International Neuropsychological Society, APA Division 22/Rehabilitation Psychology, and will present next month at the American Pain Society’s annual meeting. Division 22 and the American Pain Society have honored her with awards for this research. Additionally, she currently has several manuscripts on TBI outcomes that are under review and intends to continue and expand her work in forensic neuropsychology consultation. On a more personal note, her son Harrison, who was born while she was in her second year at VCPCP, will begin kindergarten this coming fall!

Deborah Vick (Class of ’05) continues to find great satisfaction from working with veterans in residential treatment with co-occurring disorders at the Hampton VA Medical Center. Also, her son Adam (who was just three when she started VCPCP!) was accepted into VCU’s School of Art where he plans to study interior architecture.

Hello Fellow Alums,

It has been a long time coming, but we now have a FB page. However, you must join it to become a part of it. Please go to FB and search for “Virginia Consortium Program for Clinical Psychology (VCPCP) and it should come up. Once you join, please post anything and everything about what has been going on with you since VCPP (for those in my era) / VCPCP. You can also post pictures of fellow classmates. The pictures that are on there now are from Eileen’s retirement party.

Also, please pass this information on to your classmates, because we do not have everyone’s email address. Eventually, we are hoping to have an all-class reunion once we are able to work on connecting with each other via social media.

Let me know if you have any problems joining the VCPCP page on Facebook.

Your fellow Virginia Consortium Alum,
Javel Jackson, PsyD
Recent Graduate News

Emily Oettinger passed the EPPP in January and became licensed in Virginia. After completing her fellowship at the Bedford VA, she will be moving to Corpus Christi, TX to be with her partner who is currently stationed there, working as a Navy flight instructor. Also, Emily just accepted a job as a staff psychologist at the Corpus Christi VA in the Behavioral Health Interdisciplinary Program (BHIP) with a focus in health psychology!

Sara Bock Davis graduated with a Ph.D. in May 2017. She completed her internship at the Hunter Holmes McGuire VA Medical Center in Richmond, Virginia, and will begin the two-year rehabilitation psychology postdoctoral fellowship at McGuire in August.

Awards & Honors

Dr. Heron was identified as the “Most Inspirational Faculty Member” by an ODU Undergraduate Psychology student, Brianna Haislip! [https://www.odu.edu/psychology/news/2017/3/dr_heron_honored](https://www.odu.edu/psychology/news/2017/3/dr_heron_honored)

Dr. Judah received a Summer Research Fellowship from ODU which provides $7,000 to collect pilot data for an extramural grant proposal. The study will use ERPs to examine the effects of anticipating social evaluation on attention biases associated with social anxiety!

Dr. Kelley was elected as Eminent Scholar at ODU! This designation recognizes faculty members of unusual merit and service to the university.

Congrats to Dr. Kurtz, who won Outstanding Doctoral Dissertation, pictured below with Dr. Robin Lewis!

Dr. Lewis was elected as fellow of the Association for Psychological Science (APS). What an honor!

Congrats to Rachel MacIntyre, Courtney Nishnick, and Dr. Heron for winning Best Graduate Student Poster at the Virginia Association for Psychological Sciences (VAPS) at the end of April! The poster is titled, “Examining the feasibility of implementing smartphone-based studies with college women.”
Congrats to Laurin Roberts, the first Department of Psychology Outstanding Teaching Assistant winner and Dr. James Paulson who nominated Laurin!

**Research Across the Consortium**

We are proud to recognize individuals who are students, graduates, or faculty within the Consortium for their recent research accomplishments.

**Recent Publications**


**Mason, T.B., Lewis, R.J., & Heron, K.E.** (in press). Indirect pathways connecting sexual orientation and weight discrimination to disordered eating among young lesbians. *Psychology of Sexual Orientation and Gender Diversity.*

**Mason, T.B., Lewis, R.J., & Heron, K.E.** (in press). Obesity. In K.B. Smalley, J.C. Warren, & K.N. Barefoot (Eds.), *LGBT health: Meeting the needs of gender and sexual minorities.* Switzerland: Springer International Publishing.


Recent Presentations


Colangelo, M., La Sala, S., Shappie, A. T., & Lewis, R. J. (2017, April). *Differences in lesbian and bisexual women’s health: A descriptive study*. Poster to be presented at the Annual Conference of the Virginia Association for Psychological Sciences, Norfolk, VA.


Haislip, B., Howard, L., & Heron, K. (April, 2017). *Differences in disordered eating, body dissatisfaction, and social connection between African American and Caucasian college women*. Poster accepted for presentation at the Virginia Association for Psychological Sciences, Norfolk, VA.


Howard, L.M. & Heron, K.E. (2017). Development of the Deliberate Denial of Disordered Eating Behaviors scale. Poster to be presented at the annual meeting of the Southeastern Psychological Association, March 2017, Atlanta, GA.


MacIntyre, R.I., Heron K.E., Scott, S.B., & Juth, V. (2017). Adverse events and psychosocial functioning in a diverse college sample. Poster to be presented at the annual meeting of the Southeastern Psychological Association, March 2017, Atlanta, GA.


Recent Conferences & Trainings

Spring is here and there were a number of exciting conferences and trainings! If you missed it this year, we hope you will attend the next one.

Virginia Psychological Association (VPA) Spring Convention - This event included several presentations and student poster sessions, as well as a panel on applying to graduate school facilitated by VCPCP students.

Practicum Supervisor’s Workshop - The Virginia Consortium sponsored a practicum training workshop on Cultural Competence and the Ethics of Working with Underserved and Minority Populations, presented by Dr. Warrenetta Mann. The workshop was very well-received by those who attended.

Acceptance & Commitment Therapy II Workshop – Eastern Virginia Medical School (EVMS) sponsored a training workshop on Acceptance and Commitment Therapy (ACT), presented by Dr. Joseph Rhinewine. The workshop served as a nice complement to Dr. Rhinewine’s workshop last year, including updated information, role-plays, and an emphasis on the importance of therapists and trainees to focus on and plan their own behavior changes in an effort to produce deep client change.

Upcoming Conferences

I. August 3-6th, 2017 - American Psychological Association (APA) Convention, Walter E. Washington Convention Center, Washington DC
Description: As one of the largest gatherings of psychologists in America, this conference in the Mile-High city is one any budding psychologist won’t want to pass on. With a multitude of presenters, posters, and networking opportunities, it is sure to be a very educational experience for new and returning conference-goers alike.

II. November 9-11th, 2017 - International Society for Traumatic Stress Studies, Palmer House Hotel, Chicago, IL
Description: (From the ISTSS website) - “The ISTSS 33rd annual meeting is an ideal platform to demonstrate recent advances in the two related fields of public health and innovative technology and how they can be used to improve recovery from trauma-related disorders.”

III. November 16-19th, 2017 - Association of Behavioral and Cognitive Therapies, Hilton Bayfront Hotel, San Diego, CA
Description:
What Does ABCT Have to Offer for Graduate Students?

Matt Judah, Ph.D.

Every November, the Association of Behavioral and Cognitive Therapies (ABCT) holds its annual convention. Now in its 51st year, ABCT began when 10 behaviorists, including Joseph Wolpe, started the Association for Advancement of Behavioral Therapies. Their mission was to ground practice in behavioral science. The organization later changed its name to include the role of cognitive interventions in evidence-based treatment.

ABCT has much to offer for graduate students. As with any conference, there are opportunities to learn about the cutting edge of the field, to disseminate research findings, and to network. Personally, ABCT is also my home conference, the place where I catch up with old friends and colleagues.

Because ABCT’s annual convention integrates research and practice, it has much to offer for the scientist-practitioner. Evidence-based practice is a key value of ABCT. CBT, ACT, DBT, and other empirically supported treatments are well-represented in ABCT’s symposia, workshops, and poster sessions. ABCT’s Special Interest Groups (SIGs) host meetings and presentation forums for specialized areas of interest, including addictive behaviors, health psychology/behavioral medicine, and minority issues.

The opportunity to network is a major advantage of attending ABCT, which is well-attended by our field’s movers and shakers. I remember the first time I saw Aaron Beck in a distinctive polka-dot bow-tie in the hotel lobby. I shared an elevator with Edna Foa. I heard Albert Bandura deliver an address. And I was introduced to experts in my area of research. At various presentations, cocktail parties, and informal events, I have crossed paths with Steve Hayes, Marsha Linehan, and too many others to list.

Any convention can boast about networking opportunities. But ABCT is distinctive in offering formal and informal avenues to connect with internship sites, including several that provide protected time for research. Many internship programs host events, such as cocktail parties, which allow you to meet internship faculty, current interns, and alumni. The year I applied for internship, I attended events hosted by MUSC, Brown, McLean, and several other internship sites. This gave me a chance to get the inside scoop from current interns, supervisors, and recent alumni. Attending ABCT events hosted by internships allowed me to make an impression, to get a feel for the atmosphere of each program, and to ask more informed questions later during my internship interviews. ABCT has much to offer to graduate students in the Virginia Consortium.

We hope you will join Dr. Judah in San Diego this November!
Thank you!

We would like to thank all of the faculty and students who contributed their time & efforts on Mock Internship Interview Day and Interview Days. Both events were a huge success thanks to your contributions. We appreciate all that you do!

Finally, the Virginia Consortium would like to recognize Drs. JD Ball, Robin Lewis, Glenn Shean, Noel Goldberg, Carolyn Johnson, Janice Zeman, & William Aitken for their donations to the O’Neill and Shorter fund.

The Eileen O’Neill Outstanding Consortium Service Award honors the student who made significant contributions to the Program and is chosen by the faculty and students of the Consortium. The Candace M. Shorter Distinguished Student Award recipient is selected each year by the Consortium faculty from the group of students who will be on internship the following year. Criteria for this award include academic excellence in all areas of the program. Recipients of both awards receive a plaque and a cash award (amount determined by available funds), and are included on the list of awardees posted in the Program office.

We are asking for your help to fund these awards. Please consider making a donation to one or both of these funds. A gift from you will help us recognize student achievement and honor those who provided important service to the program.

To make a donation, please make your check payable to EVMS. Be sure to enter “Virginia Consortium donation” and the award(s) you wish to support in the memo line. Checks can be sent directly to our program administrator, Elaine Ross, at the Program office at 700 Park Ave, NSU MCAR 410, Norfolk, VA 23504. All donations go into an EVMS-held account which allows us to create and fund these awards and for which there are no overhead costs. Donors will be acknowledged in a future newsletter. We will also profile the student award winners.

Thank you for your continued support!
Show your Consortium pride with this stylish, dishwasher safe travel mug! Mugs are available for pick up at the Program Office for $10, or can be shipped for an additional $5.

Cash or check only. Please make checks out to ‘EVMS’ and write ‘Clinical Psychology’ in the memo line.